

100% Juice May Include:
 Apple, Orange, Grape, or Fruit
 *CEREAL available every day! *
**All 3 Meal Choices come with
 Juice or Fruit, AND Milk**

**2020 — 2021 School Year
 Daily Breakfast Menu
 Pennridge High School
 “Most important meal of the day”**

Fruit May Include:
 Apples, Oranges, Bananas,
 Craisins, Blueberries, or Raisins
 Peaches, Pineapples, Mandarin Oranges or
 Mixed Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1.Otis Muffin OR 2.Whole Grain Benefit Bar OR 3.Whole Grain Pop Tart OR 4.Assorted Hot Breakfast Sandwiches with 100% Juice or Fresh or Canned Fruit 1% White OR Fat Free Chocolate	1.Otis Muffin OR 2.Whole Grain Benefit Bar OR 3.Whole Grain Pop Tart OR 4.Assorted Hot Breakfast Sandwiches with 100% Juice or Fresh or Canned Fruit 1% White OR Fat Free Chocolate	1.Otis Muffin OR 2.Whole Grain Benefit Bar OR 3.Whole Grain Pop Tart OR 4.Assorted Hot Breakfast Sandwiches with 100% Juice or Fresh or Canned Fruit 1% White OR Fat Free Chocolate	1.Otis Muffin OR 2.Whole Grain Benefit Bar OR 3.Whole Grain Pop Tart OR 4.Assorted Hot Breakfast Sandwiches with 100% Juice or Fresh or Canned Fruit 1% White OR Fat Free Chocolate	1.Otis Muffin OR 2.Whole Grain Benefit Bar OR 3.Whole Grain Pop Tart OR 4.Assorted Hot Breakfast Sandwiches with 100% Juice or Fresh or Canned Fruit 1% White OR Fat Free Chocolate

September 2020					October 2020					November 2020					December 2020					January 2021				
*	*	2	3	H				1	2	2	*	4	5	6		1	2	3	4					#
H	8	9	10	11	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11	4	5	6	7	8
14	15	16	17	18	*	13	14	15	16	16	17	18	19	20	14	15	16	17	18	11	12	13	14	15
21	22	23	24	25	19	20	21	22	23	23	24	*	#	#	21	22	23	#	#	H	19	20	21	22
H	29	30			26	27	28	29	30	#					#	#	#	#		*	26	27	28	29

February 2021					March 2021					April 2021					May 2021					June 2021				
1	2	3	4	5	1	2	3	4	5				1	H	3	4	5	6	7		1	2	3	4
8	9	10	11	H	8	9	10	11	12	H	6	7	8	9	10	11	12	13	14	7	8	9	10	11
H	*	17	18	19	15	16	17	18	19	12	13	14	15	16	17	18	19	20	21	*				
22	23	24	25	26	22	23	24	25	26	19	20	21	22	23	24	25	26	27	28					
					29	30	31			26	27	28	29	30	H									

H = Holiday (School Closed)

*= Professional Development / In Service (School Closed)

#=Break (School Closed)

Menu Subject to Change

Non-Discrimination Statement: This institution is an equal opportunity provider

Breakfast Price: \$1.75

Reduced Breakfast Price: \$0.30